

# Red Knot diet reconstruction revisited: context dependence revealed by experiments at Banc d'Arguin, Mauritania

JEROEN ONRUST<sup>1,2\*</sup>, JIMMY DE FOUW<sup>1</sup>, THOMAS OUDMAN<sup>1</sup>, MATTHIJS VAN DER GEEST<sup>1</sup>,  
THEUNIS PIERSMA<sup>1,2</sup> and JAN A. VAN GILS<sup>1</sup>

<sup>1</sup>Department of Marine Ecology, Royal Netherlands Institute for Sea Research (NIOZ), P.O. Box 59, Den Burg (Texel), 1790 AB, The Netherlands and <sup>2</sup>Animal Ecology Group, Centre for Ecological and Evolutionary Studies (CEES), University of Groningen, P.O. Box 11103, Groningen, 9700 CC, The Netherlands

**Capsule** Context-specific equations are needed to reconstruct diet composition and intake rate of Red Knots by the use of shell fragments retrieved from droppings.

**Aims** To explore whether the method to reconstruct Red Knot diet described by Dekinga & Piersma [Dekinga, A. & Piersma, T. 1993. Reconstructing diet composition on the basis of faeces in a mollusc-eating wader, the Knot *Calidris canutus*. *Bird Study* 40: 144–156] accurately predicts the diet of Red Knots *Calidris canutus canutus* outside Northwest Europe, at Banc d'Arguin, Mauritania.

**Methods** Feeding experiments with captive Red Knots on the bivalves *Dosinia isocardia* or *Loripes lucinalis* were carried out at Banc d'Arguin, the main wintering area of Red Knot subspecies *C. c. canutus*. Ingested diets were compared with the reconstructed diets derived from the general method developed by Dekinga & Piersma (1993). Droppings collected over multiple years were also analysed to evaluate the calibration method from this study.

**Results** Of the total ingested shell mass ( $DM_{\text{shell}}$ ) in both bivalves, approximately 65% of the shell mass was retrieved in the droppings ( $DM_{\text{drop}}$ ). Therefore, dry mass of droppings in the field ( $DM_{\text{drop}}$ ) has to be multiplied by 1.547 to calculate the ingested dry mass ( $DM_{\text{shell}}$ ). For size estimations of ingested shells from droppings, hinges should be used for *D. isocardia* and hinges including tops for *L. lucinalis*.

**Conclusion** The correction factor of 1.547 found here is 50% larger than the factor 0.993 for heterodont bivalves from Europe established by Dekinga & Piersma (1993). Application of the published factor would lead to serious underestimation of energy intake rates based on dropping frequencies and dropping content (by as much as 35%), although it would have small effects on the relative species composition of the diet. Having shown that such correction factors can differ among sites and prey we recommend their determination in new ecological contexts.

The diet of an animal is of wide interest, because it reveals the position of a consumer in a food web (Sheppard & Harwood 2005). One way to estimate diet composition is to reconstruct it from faeces, a method that is widely applied to a variety of animals, especially when the studied animals are endangered or vulnerable to disturbance (Price *et al.* 2005, McFadden *et al.* 2006), when their prey are hard to identify by remote observations (Scheiffarth 2001, Lee & Severinghaus 2004), or when the animals are just too elusive to directly observe their feeding behaviour

(Chame 2003, Sheppard & Harwood 2005). When recognizable prey fragments can be found in faeces, their relative abundance in the faeces may reflect what is actually consumed (Putman 1984, Dekinga & Piersma 1993, Hammill *et al.* 2005). However, digestion processes can alter prey structures to such an extent that faecal analysis can give a biased reconstruction of the diet (Jenni *et al.* 1990, Bowen 2000, Jarman *et al.* 2002). Calibration studies can correct for such estimation problems (Dekinga & Piersma 1993). Nowadays, modern techniques like genetic markers and stable isotope analysis can help to overcome part of these problems (Kohn & Wayne

\*Correspondence author. Email: j.onrust@rug.nl

1997, Fedriani & Kohn 2001, Bradley *et al.* 2007, Oehm *et al.* 2011). However, these techniques are even more time consuming and more expensive than the relatively simple analysis of hard parts of prey retrieved from faeces (Barrett *et al.* 2007).

One of the better studied bird species in terms of their diet in a wide range of field contexts is the Red Knot (*Calidris canutus*) (Piersma & van Gils 2011, Piersma 2012). It can be observed and counted with ease while foraging in open and accessible habitats. Being molluscivore specialists, Red Knots migrate from their tundra breeding grounds along intertidal soft sediment habitats where molluscs are available (Piersma 2007). These hard-shelled prey are swallowed whole and crushed in their muscular gizzard (Piersma *et al.* 1993). This large organ is rapidly adjusted in size when there are shifts in the hardness of the food ingested (Dekinga *et al.* 2001, van Gils *et al.* 2006). As maintaining a large gizzard is energetically costly, prey with a high flesh-to-shell ratio are preferred by energy maximizing Red Knots (van Gils *et al.* 2005b).

The intertidal mudflats of Banc d'Arguin, Mauritania, northwest Africa, are the main wintering sites of Red Knot subspecies *Calidris canutus canutus* (Piersma & Davidson 1992, Leyrer *et al.* 2012). Here, two bivalve species *Loripes lucinalis* (Mollusca, Bivalvia, hereafter *Loripes*) and *Dosinia isocardia* (Mollusca, Bivalvia, hereafter *Dosinia*) are numerically the most abundant prey species, making up 69% of all molluscs (Honkoop *et al.* 2008), and form the main species in the diet of Red Knots at Banc d'Arguin (van Gils *et al.* 2012, 2013).

Van den Hout (2010) reconstructed the diet of Red Knots in Banc d'Arguin by estimating ingested shell mass from sieved dropping mass using the equations of Dekinga & Piersma (1993), who carried out a calibration study for Red Knots feeding in northwest Europe. Although Dekinga & Piersma (1993) stated that these equations would likely be globally applicable for heterodont bivalves, this remained to be tested. Shell thickness and resistance to crushing vary among species of molluscs (Cabral & Jorge 2007) and even among seasons (Nagarajan *et al.* 2006). As *Dosinia* and especially *Loripes* are thin-shelled prey that can be crushed easily (Yang *et al.* 2013), we were concerned that a large fraction of shell mass in droppings is lost in the sieving process given the fixed mesh of 300- $\mu$ m used by Dekinga & Piersma (1993). We expect this fraction to be larger than the fractions found by Dekinga & Piersma (1993) for more thick-shelled prey from the Wadden Sea.

This methodological study aims to reconstruct the diet of Red Knots in Banc d'Arguin by using the method outlined by Dekinga & Piersma (1993), but calibrated for Banc d'Arguin prey items. This calibration study consists of three steps:

- (1) Calculation of  $DM_{\text{drop}}/DM_{\text{shell}}$  ratio to arrive at the correction factor for calculating the total ingested sieved dry shell mass ( $DM_{\text{shell}}$ ) from dry sieved shell mass of the droppings ( $DM_{\text{drop}}$ ).
- (2) Reconstruction of the ingested shell size distributions.
- (3) Calculation of  $\alpha$ , the species-specific flesh-to-shell mass ratio, which is needed for the calculation of diet composition in terms of ingested biomass.

Captive Red Knots were given either *Loripes* or *Dosinia*. The offered and left-over prey were used to determine the ingested diet, which was compared with the excreted amount of shell fragments in the droppings. Diet reconstructions on the basis of the newly derived factors were then compared with diets reconstructed from the equations presented by Dekinga & Piersma (1993). For an evaluation of the implications of our study, droppings collected in the field in three consecutive years (2007–2009) in Banc d'Arguin were used for diet reconstruction, and our results were compared with the results obtained by using the method of Dekinga & Piersma (1993).

## METHODS

### Experiments: Banc d'Arguin, Mauritania

The study was conducted at the Iwik field station (19° 52.42' N, 16° 18.50' W) in Parc National du Banc d'Arguin, Mauritania, between 10 January and 2 February 2011. Six Red Knots were caught with mist nets near a roosting site approximately 2.5 km from the field station. The flock consisted of three second calendar-year birds and three >second calendar-year birds (based on their plumage). Average bill length of these birds was 34.6 mm (range 30.3–38.0 mm) and average body mass just after catching was 115.5 g (range 96–127 g). Every morning each bird was weighed and its health status assessed. Daily food supply was adjusted to keep the body mass just above the lean body mass of ca. 100 g for the birds to keep their motivation to feed during the experiments. Between experimental trials, the birds were kept together in a small indoor aviary (150 cm × 100 cm

× 50 cm) with a layer of beach sand on the ground and *ad libitum* fresh water. Staple food consisted of high-quality unshelled *Senilia senilis* flesh pieces (a large and very common bivalve in Banc d'Arguin) and commercial trout feed (*TrouVit*; Produits Trouw, Vervins, France).

A total of 48 trials were carried out: 24 with *Dosinia*-diet and 24 with *Loripes*-diet that were equally divided over six birds and over 12 days. During daytime, the birds were placed in an experimental unit (150 cm × 100 cm × 50 cm) that was subdivided with transparent panels into six compartments of 50 cm × 50 cm, each of which held a single bird. To prevent droppings being trampled by the birds, the ground surface consisted of plasticized wire mesh (10 mm × 10 mm) placed 1 cm above the bottom of the experimental unit. Droppings fell through the mesh and were collected after the trial and stored in the freezer per trial before analysis in the laboratory at NIOZ, the Netherlands. During the night before the trials only shellfish flesh was offered (no shelled prey items) to be sure that no fragments of former diet remained in the digestive tract: droppings produced just prior to the trials did not contain shell fragments. Furthermore, to ensure that the birds ate eagerly during the trials, no staple food was offered for at least 6 hours before the start of the trial. In each trial, a single prey type was offered unburied and *ad libitum*, covering the ingestible size spectrum. After 6 hours all leftover prey items were removed and the birds had 4 hours to empty their guts, which ensured that all shell materials were excreted (following Dekinga & Piersma 1993).

*Dosinia* was collected at the beach just east of the field station and *Loripes* at the sea grass beds of Abelgh Eiznaya (2 km NW from field station). Both species were collected with a sieve (2-mm mesh) on the day before the trials and kept overnight in the refrigerator to prevent loss of body mass and to keep them in good condition. To reconstruct the consumed size distributions, samples of prey offered and leftover were taken.

### Laboratory analysis

Dekinga & Piersma (1993) emphasized that a calibration for measurable prey fragments in faeces that are allometrically related to prey size and prey size–biomass relationships still has to be made for other prey species at other locations. Shell lengths of ingested molluscs can be reconstructed from measurable fragments such as hinges for bivalves and the width of the last whorl

for snails. To reconstruct shell length by the use of hinges (the parts of a shell where the two valves are joined) or hinge plus tops (a swelling above the hinge line, also called umbo), 105 *Dosinia* and 106 *Loripes* shells were used. Fig. 2 gives an illustration of hinges and hinge plus tops of *Dosinia* and *Loripes*. Hinges and hinges plus tops of both valves were measured, and the average of both valves was used for the calibration curves to avoid pseudoreplication. Calibration curves were constructed for *Dosinia* and *Loripes* based on a new collection of 125 *Dosinia* specimens and 123 *Loripes* specimens collected across the experimental period. These were used also to determine the following characteristics: shell length, dry shell mass ( $DM_{\text{shell}}$ , after drying to constant mass for 3 days at 55–60°C) and ash-free dry mass of the flesh ( $AFDM_{\text{flesh}}$ , after incinerating the dry flesh material overnight at 550°C).

Droppings (for collection details, see below) were washed and sieved over a 300- $\mu\text{m}$  mesh (standard mesh size for dropping analyses in the field to remove sand and dirt; Dekinga & Piersma 1993). Residue (hereafter called dry mass of droppings;  $DM_{\text{drop}}$ ) and filtrate were collected and after drying to constant mass for 3 days at 55–60°C, both the fractions were weighed to the nearest 0.1 mg. A subsample of  $DM_{\text{drop}}$  was weighed and all hinges were counted in order to calculate the percentage of hinges retrieved in the droppings. Fifty measurable parts were randomly collected and measured by the same observer (J.O.), using a binocular (Olympus SZ51) with eye-piece micrometer (WHSZ 10×-H/22).

The size distribution of the offered and leftover (uneaten) prey was calculated by taking a random sample (range of sample sizes: 54–140 and 4–156 shells, respectively) of the total supply offered and leftover prey of which we measured shell length with callipers to nearest 0.01 mm. The subtraction of the leftover size distributions from the offered distribution provided an estimation of the number of prey items consumed per mm size class based on real prey sizes. Subsequently, calibration curves for shell length (SL) against dry shell mass provided the dry shell masses. For equations, see Table 1. Diet composition in terms of ingested biomass (i.e. ash-free dry mass of flesh  $AFDM_{\text{flesh}}$ ) can be calculated from the total ingested dry shell mass by multiplying  $DM_{\text{shell}}$  with  $\alpha$ , the species-specific flesh-to-shell mass ratio. However, flesh-to-shell mass ratios are size-dependent and taking into account the size distribution to calculate  $\alpha$  generally improves the estimated flesh mass (Dekinga

**Table 1.** To convert shell length (SL, mm) into ash-free dry mass of the flesh (AFDM<sub>flesh</sub>, g) and dry mass of the shell (DM<sub>shell</sub>, g), the equations listed in this table were used.

Species	Linear regression	R <sup>2</sup>	P-value
<i>Loripes</i>	AFDM <sub>flesh</sub> = 1.61E-05*SL <sup>2.977</sup>	0.95	<0.001
	DM <sub>shell</sub> = 6.38E-05*SL <sup>3.250</sup>	0.96	<0.001
<i>Dosinia</i>	AFDM <sub>flesh</sub> = 1.48E-05*SL <sup>2.777</sup>	0.95	<0.001
	DM <sub>shell</sub> = 3.69E-05*SL <sup>2.625</sup>	0.96	<0.001

Note: Data were obtained from specimens collected during the experimental period between 10 January and 2 February 2011.

& Piersma 1993). Therefore, we calculated  $\alpha$  per length class and used the weighted mean  $\alpha$  across all length classes taking into account the relative frequency of each length class in a trial.

### Reconstructing diet from field droppings

The procedural steps and equations needed to quantify *Dosinia* and *Loripes* in the diet of Red Knots are listed in Table 2. A total of 51 dropping samples (representing a total of 2179 droppings; mean = 60.5 droppings per sample, sd = 46.0) of Red Knots in Banc d'Arguin were collected at seven tidal flats distributed around the Iwik peninsula (a 50 km<sup>2</sup> subsection of Parc National du Banc d'Arguin) during four expeditions (spring 2007, autumn 2007, winter 2007/2008 and autumn 2009). Droppings were stored, dried and sorted out as outlined above. To evaluate the significance of our study, diet reconstruction of these samples was done by two different methodologies: (1) the outcome of this study and (2) based on Dekinga & Piersma (1993). As no correction factors were calculated for other species than *Loripes* and *Dosinia*, the equations by Dekinga & Piersma (1993) were used for gastropods and other bivalves (with correction factors of 1.267 and 0.994, respectively) to arrive at DM<sub>shell</sub> in the first methodology (obviously, in the second methodology we used the correction factor 0.994 also for *Loripes* and *Dosinia*).

Furthermore, we used these 51 dropping samples to calculate the energy value per dropping. In avian diet studies, this value is multiplied with the dropping rate to estimate the energy intake rate (Bedard & Gauthier 1986, Dekinga & Piersma 1993, Piersma *et al.* 1994, González *et al.* 1996). Hence, any estimation error in the energy value per dropping carries through in the calculation of energy intake rate.

Statistical analyses were performed using R (R Development Core Team 2011), and graphs were

**Table 2.** Summary of the procedures to arrive at an estimate of diet composition on the basis of faeces from Red Knots feeding on *Loripes lucinalis* and/or *Dosinia isocardia*.

Setting	Procedure	Measured/estimated parameters
Field	Collect a number of droppings in an area where Red Knots were foraging for 45 min or longer	$n_{\text{drop}}$
Laboratory	Store droppings dry or frozen	
	Dry the droppings to constant mass at 55–60°C	
	Sort over 300- $\mu$ m sieve to remove sand, dirt and smallest fragments	
	Weigh the fraction retained on the sieve	DM <sub>drop</sub>
Desk	Manually sort the sieved fraction in fragments from different prey species under binocular and weigh	Partial DM <sub>drop</sub>
	Measure identifiable fragments with ocular micrometer	Hinge (H;mm) and Hinge plus top (HT; mm)
	Compute prey size (distribution) and diet parameters	
	<i>Loripes</i> SL = 10.002*HT <sup>0.950</sup> DM <sub>shell</sub> = 1.547 DM <sub>drop</sub> AFDM <sub>flesh</sub> = DM <sub>shell</sub> *mean AFDM <sub>flesh</sub> /DM <sub>shell</sub> ratio ( $\alpha$ )	Shell length (SL; mm) Shell mass (DM <sub>shell</sub> ) Flesh mass (AFDM <sub>flesh</sub> )
<i>Dosinia</i> SL = 10.254*H <sup>0.872</sup> DM <sub>shell</sub> = 1.547 DM <sub>drop</sub> AFDM <sub>flesh</sub> = DM <sub>shell</sub> *mean AFDM <sub>flesh</sub> /DM <sub>shell</sub> ratio ( $\alpha$ )	Shell length (SL; mm) Shell mass (DM <sub>shell</sub> ) Flesh mass (AFDM <sub>flesh</sub> )	

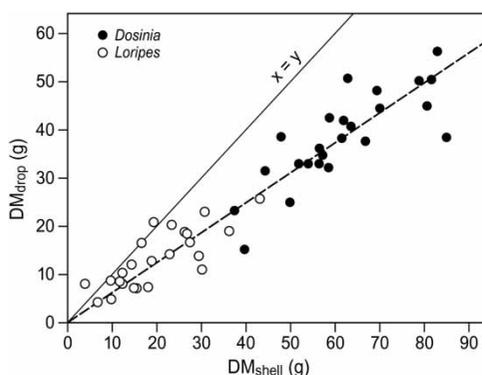
Note: These equations are applicable for droppings collected in Banc d'Arguin, Mauritania.

produced using SIGMAPLOT 12.0 for Windows (Systat Software Inc. 2010).

## RESULTS

### Reconstructing ingested dry shell mass from droppings

For both bivalve species, a significant fraction of the total ingested dry shell mass was lost through the 300- $\mu$ m mesh (Fig. 1). A linear model showed no effect of species on intercept or slope of the regressions of DM<sub>shell</sub> on DM<sub>drop</sub> ( $t = -1.826$ ,  $P = 0.07$ ,  $df = 45$ ). Furthermore, the model without intercept was more parsimonious ( $R^2 = 0.97$ ,  $P < 0.001$ ,  $df = 47$ ,  $AIC = 289.51$ ) than the model with intercept ( $R^2 = 0.90$ ,  $P < 0.001$ ,  $df = 46$ ,  $AIC = 289.91$ ). We therefore estimated



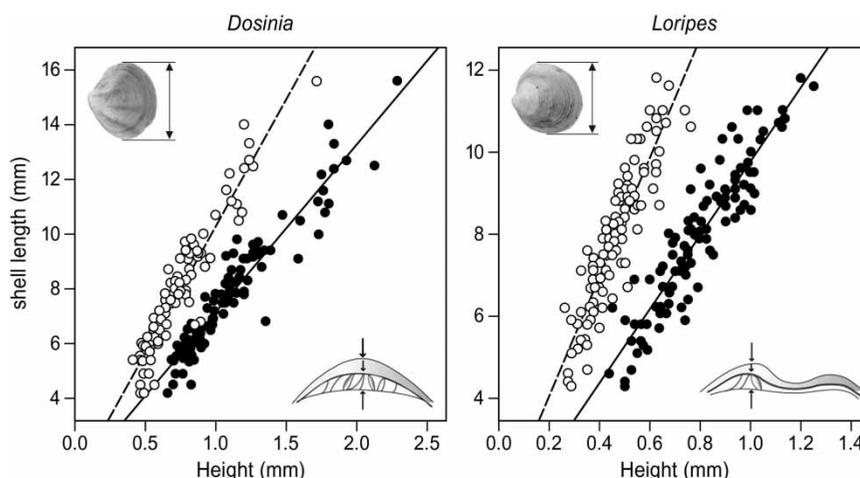
**Figure 1.** Dry mass of droppings retained on 300- $\mu\text{m}$  sieve ( $\text{DM}_{\text{drop}}$ ) plotted against ingested dry shell mass ( $\text{DM}_{\text{shell}}$ ) for *Dosinia isocardia* (filled dots) and *Loripes lucinalis* (open dots). Each data point stands for a single trial. The regression for  $\text{DM}_{\text{drop}} = 0.646 \text{ DM}_{\text{shell}}$  ( $R^2 = 0.97$ ,  $P < 0.001$ ,  $\text{df} = 47$ , dashed line) applies to both prey species.

the ingested dry shell mass from the dropping mass retained on a 300- $\mu\text{m}$  mesh by the equation:  $\text{DM}_{\text{shell}} = 1.547 \text{ DM}_{\text{drop}}$  ( $R^2 = 0.97$ ,  $P < 0.001$ ,  $\text{df} = 47$ ), meaning that 65% of the shell mass was retained for both species (Fig. 1).

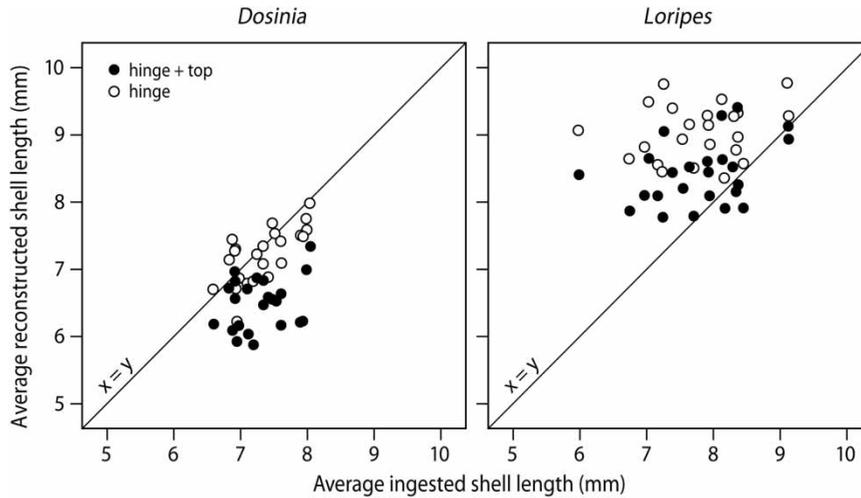
### Reconstructing size distribution by the use of hinges

Reconstruction of the size classes ingested by Red Knots feeding on either *Loripes* or *Dosinia* is based on the

allometric relationship between heights of the hinge (H) or based on the height of the hinge plus top (HT) and shell length (SL) of these bivalves. For *Loripes*, measuring hinge and top together provided a slightly more reliable estimation of the shell length than measuring hinge (H) alone (Fig. 2;  $\text{SL} = 10.002 \text{ HT}^{0.950}$ ,  $R^2 = 0.84$ ,  $P < 0.001$ ,  $\text{df} = 106$ ,  $\text{AIC} = -383.37$  and  $\text{SL} = 14.807 \text{ H}^{0.811}$ ,  $R^2 = 0.79$ ,  $P < 0.001$ ,  $\text{df} = 105$ ,  $\text{AIC} = -354.67$ ). Although for *Dosinia*, shell length was best estimated by measuring hinge plus top (Fig. 2;  $\text{SL} = 7.145 \text{ HT}^{0.891}$ ,  $R^2 = 0.90$ ,  $P < 0.001$ ,  $\text{df} = 103$ ,  $\text{AIC} = -391.421$  and  $\text{SL} = 10.254 \text{ H}^{0.872}$ ,  $R^2 = 0.87$ ,  $P < 0.001$ ,  $\text{df} = 103$ ,  $\text{AIC} = -359.56$ ), we found that using hinges only provided a more reliable estimation of average reconstructed shell lengths (Fig. 3) and reconstructed size distributions (Fig. 4). Therefore, we recommend using hinge plus tops for *Loripes* and using hinges only for *Dosinia*, as we do throughout this paper. On average, 24% (sd = 7%, range = 11–38%) and 21% (sd = 4%, range = 14–29%) of the measurable hinges were found intact in the droppings for *Dosinia* and *Loripes*, respectively. Average ingested shell length per trial was correctly predicted by average reconstructed shell length for both bivalve species when using the correct species-specific measurable shell fragment (Fig. 3). Based on hinges (*Dosinia*) or hinge plus tops (*Loripes*) from faeces, the above-mentioned regression equations were used to predict the size distributions, which were compared with the actual size distribution being eaten



**Figure 2.** Shell length (SL; mm, measurement method is shown in top left inset) from two bivalve species in Banc d'Arguin, Mauritania, *Dosinia isocardia* (left panel) and *Loripes lucinalis* (right panel) as a function of hinge (H; mm; open dots) and hinge plus top (HT; mm; filled dots) height. The inset in the bottom right corner represents a cross-section of the bivalves' measurable fragments with the outer arrows emphasizing the hinge plus top and the inner arrows only the hinge. The double-logarithmic regression line shown is represented by the following equations: *Loripes*:  $\text{SL} = 10.002 \text{ HT}^{0.950}$  ( $R^2 = 0.84$ ,  $p < 0.001$ ,  $n = 106$ ) and  $\text{SL} = 14.807 \text{ H}^{0.811}$  ( $R^2 = 0.79$ ,  $p < 0.001$ ,  $n = 106$ ) and for *Dosinia*:  $\text{SL} = 7.145 \text{ HT}^{0.891}$  ( $R^2 = 0.90$ ,  $p < 0.001$ ,  $n = 105$ ) and  $\text{SL} = 10.254 \text{ H}^{0.872}$  ( $R^2 = 0.87$ ,  $p < 0.001$ ,  $n = 105$ ).



**Figure 3.** Average ingested shell length as the function of average reconstructed shell length for *Dosinia isocardia* (left panel) and *Loripes lucinalis* (right panel) calculated by using hinges (open dots, for *Dosinia*:  $R^2 = 0.45$ ,  $p < 0.001$ ,  $df = 22$  and for *Loripes*:  $R^2 = 0.05$ ,  $p = .30$ ,  $df = 22$ ) or using hinges plus tops (filled dots, for *Dosinia*:  $R^2 = 0.07$ ,  $p = 0.11$ ,  $df = 22$  and for *Loripes*:  $R^2 = 0.12$ ,  $p = 0.09$ ,  $df = 22$ ). Each dot denotes a single trial.

(Fig. 4). A Kolmogorov–Smirnov test did not show a significant difference between these distributions, for *Dosinia*:  $D = 0.22$ ,  $P = .77$  and for *Loripes*:  $D = 0.25$ ,  $P = .85$ .

### Estimating diet with respect to biomass

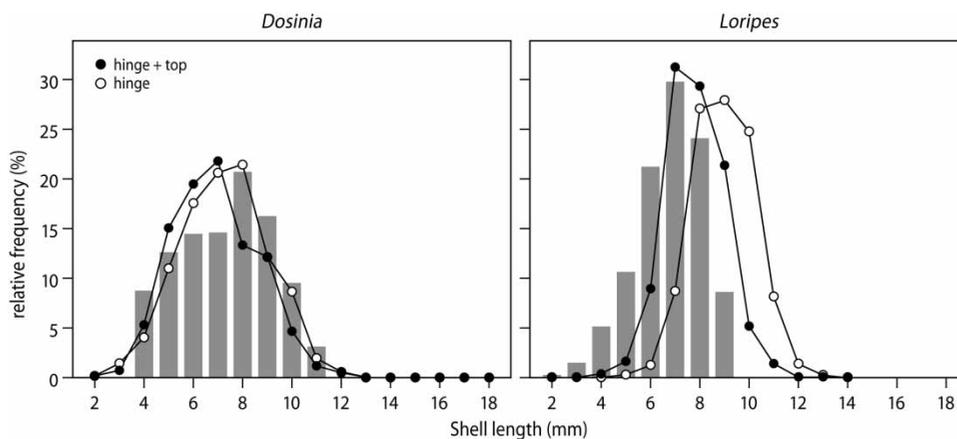
For both *Dosinia* and *Loripes*, there was a nonlinear relationship between  $\alpha$  and shell length (Fig. 5). Therefore,  $\alpha$  has to be calculated per shell length class (i.e. length-specific  $AFDM_{\text{flesh}}$  divided by length-specific  $DM_{\text{shell}}$ ) before calculating a species' average  $\alpha$  (see Table 1 for equations).

### Diet reconstruction of Red Knots in Banc d'Arguin

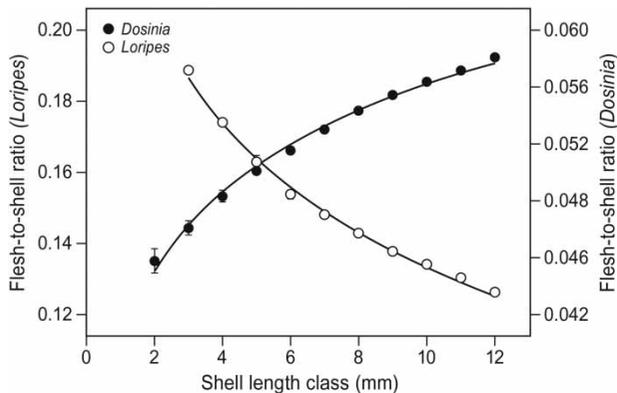
Relative contributions to ingested  $AFDM_{\text{flesh}}$  were underestimated by 3% for *Dosinia* and *Loripes* when using the calibration factors of Dekinga & Piersma (1993) (Fig. 6a). Although this is just a small underestimation, the difference is as large as 35% when the energy value per dropping is calculated (Fig. 6b).

### DISCUSSION

This study outlines the newly fitted equations to estimate diet composition, prey-size selection and energy intake rate based on droppings of Red Knots



**Figure 4.** Shell length distributions of *Dosinia isocardia* (left panel) and *Loripes lucinalis* (right panel) ingested by Red Knots (histograms) and the shell length distribution reconstructed on the basis of heights of hinges plus tops (lines with filled dots) and hinges (lines with open dots) of *Dosinia isocardia* and *Loripes lucinalis*, respectively, retrieved from their droppings. For each prey species, the plots represent the cumulative data of 24 trials.



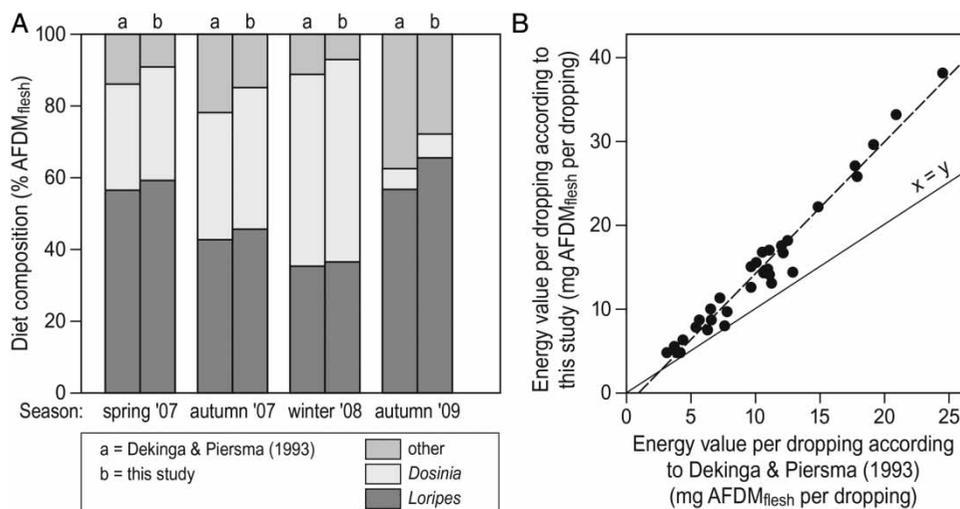
**Figure 5.** Flesh-to-shell ratios ( $\alpha$ ) per length class with error bars (se) for the two bivalve species *Dosinia isocardia* (filled dots) and *Loripes lucinalis* (open dots). Nonlinear regression lines are plotted for the data (for *Dosinia*:  $0.040 + 0.007 \ln(\text{SL})$ ,  $R^2 = 0.99$ ,  $p < 0.001$ ,  $df = 9$  and for *Loripes*:  $0.236 - 0.045 \ln(\text{SL})$ ,  $R^2 = 0.99$ ,  $p < 0.001$ ,  $df = 9$ ).

feeding on *Loripes* or *Dosinia* in Banc d'Arguin. For both bivalve prey species about 65% of the total ingested shell dry mass ( $\text{DM}_{\text{shell}}$ ) is retrieved in dry mass of the droppings ( $\text{DM}_{\text{drop}}$ ) after sieving. Thus, to calculate the ingested  $\text{DM}_{\text{shell}}$  for true diet compositions,  $\text{DM}_{\text{drop}}$  has to be multiplied by 1.547, rather than by 0.994 found by Dekinga & Piersma (1993) and claimed to be globally applicable for heterodont bivalves. Previous studies that reconstructed Red Knot's diet in Banc d'Arguin on the basis of the 0.994 factor (van den Hout 2010) slightly underestimated the contribution of

*Dosinia* and *Loripes* to the diet (Fig. 6a). Furthermore, future studies that would use the 0.994 factor would underestimate energy intake rate from defecation rates by about 35% (Fig. 6b).

The use of hinges only for *Dosinia* and hinges plus tops for *Loripes* in the method described by Dekinga & Piersma (1993) provides a good estimation to reconstruct the size distributions of Red Knot diet (Fig. 4), in spite of the fact that only a small fraction (24% and 21% for *Dosinia* and *Loripes*, respectively) of the total ingested hinges was relocated. Dekinga & Piersma (1993) similarly found a low percentage of hinges in droppings produced after Red Knots ate two species of Wadden Sea bivalves (45% for *Macoma balthica* and 11–14% for *Cerastoderma edule*). Furthermore, just as in the bivalves studied by Dekinga & Piersma (1993), no hinges of particular size classes were lost more than other size classes, resulting in an unbiased reconstructed size distribution (Fig. 4).

The size of the gizzard might influence the crushing capacity of the ingested shell material and thus the measurable fragments in the faeces. As emphasized by many other studies on the foraging ecology of Red Knots, gizzard size is of great importance in diet and patch choice (Piersma *et al.* 1993, Piersma *et al.* 1999, Dekinga *et al.* 2001, van Gils *et al.* 2005a, 2005b, 2005c) and in the digestive process (Piersma *et al.* 2003, van Gils *et al.* 2003). As gizzard size can be rapidly and reversibly adjusted to prey quality (Piersma *et al.* 1999, Dekinga *et al.* 2001, van Gils *et al.* 2003),



**Figure 6.** (A) Seasonal diet changes in terms of  $\text{AFDM}_{\text{flesh}}$  in Banc d'Arguin ('other' in diet refers to other bivalves and gastropod species, where measurable fragments from droppings could be found). Per season the diet composition is calculated by multiplying  $\text{DM}_{\text{drop}}$  with 0.994 for bivalves or 1.267 for gastropods (from Dekinga & Piersma (1993), left bar per season) or 1.547 for *Dosinia isocardia* and *Loripes lucinalis* (derived from this study, right bar). (B) Energy value per dropping, expressed by using the Dekinga and Piersma correction factor (horizontal axis) and the factor obtained in our study (vertical axis).

gizzard sizes of our experimental birds might have changed during the experiments resulting in changed size-class preferences or reduced prey intake rates. However, it was not likely that gizzard size changed during the experimental period, because the birds were fed low-quality food (hard-shelled molluscs) every day and thus needed to maintain a large gizzard. However, between experimental trials, birds were fed with high-quality food, including unshelled *S. senilis* and commercial trout feed to meet the daily energy requirements (because we were unable to collect sufficient amount of molluscs for staple food). Thus, they might have reduced their gizzard with the prospect of high-quality food after the experiments. Nonetheless, intake rates did not change in the course of the experimental period (*Dosinia*: linear regression,  $F = 0.5$ ,  $P = .50$ ,  $df = 21$ ) and for *Loripes*: linear regression,  $F = 0.3$ ,  $P = .59$ ,  $df = 21$ ). We therefore conclude that there are no indications that the experimental birds changed their gizzard sizes during the feeding experiments in ways that would have affected their crushing performance.

Morphologically similar shells may have different crystallographic structures (Chateigner *et al.* 2000), affecting the degree that they would resist crushing. However, in the Wadden Sea, Dekinga & Piersma (1993) did not find a significant effect of prey species on either intercept or slope of the regressions of  $DM_{\text{shell}}$  on  $DM_{\text{drop}}$  within the group of bivalves. In Banc d'Arguin, we also found no significant difference between *Dosinia* and *Loripes*. This suggests a site-specific correction factor instead of a prey species-specific correction factor. Distinctive shell resistance to crushing can be caused by different predation regimes. Predators on bivalve molluscs, e.g. birds, fish and crabs (Carter 1968), can differ in abundance at different locations. More predation will result in thicker shelled molluscs (Edgell & Neufeld 2008). Shell thickness might also be attributed to latitudinal variation in water temperatures, either directly or indirectly. For example, Doyle *et al.* (2010) concluded that water temperature is indirectly responsible for shell thickness, because it facilitates the plastic phenotypic response to predation risk. Furthermore, ocean acidification due to increasing sea temperatures can impact the crushing capacities of bivalves by decreased calcification rates (Fabry *et al.* 2008, Rodolfo-Metalpa *et al.* 2011).

This is the first study showing that using the correction factors from Dekinga & Piersma (1993) may lead to somewhat biased diet reconstructions for Red Knots at Banc d'Arguin. In Bohai Bay, China, Yang

*et al.* (2013) also carried out feeding experiments with captive Red Knots (subspecies *C. c. rogersi* and *C. c. piersmai*) to obtain a site-specific correction factor. A large fraction of the locally most important prey (the bivalve *Potamocorbula laevis*) was lost through the sieve, resulting in a  $DM_{\text{shell}}/DM_{\text{drop}}$  correction factor of 2.3. Consequently, previous studies that reconstructed Red Knot's diet based on factors derived from Dekinga & Piersma (1993), at other geographical locations than the Wadden Sea (e.g. Patagonia, Argentina, González *et al.* 1996; Roebuck Bay, Australia, Tulp & de Goeij 1994; and Miranda, New Zealand, Piersma 1991) may have to be re-examined.

## ACKNOWLEDGEMENTS

We thank the authorities of the Parc National du Banc d'Arguin (PNBA) for permission to work in the park and all the inhabitants at the Scientific Station at Iwik for facilitating this work. We gratefully thank Bernard Spaans for catching the birds, Mohamed Vall Ahmed Salem for helping with collecting prey items and Erik Rosendaal and Hanneke Gillis for helping in analysing the droppings from 2007 to 2009. Dick Visser provided significant improvements to the graphics. This work was funded by an NWO-WOTRO Integrated Programme grant W.01.65.221.00 to T.P. and an NWO-VIDI grant 864.09.002 awarded to J.A.v.G.

## REFERENCES

- Barrett, R.T., Camphuysen, C.J., Anker-Nilssen, T., Chardine, J.W., Furness, R.W., Garthe, S., Hueppop, O., Leopold, M.F., Montevecchi, W.A. & Veit, R.R. 2007. Diet studies of seabirds: A review and recommendations. *ICES J. Mar. Sci.* **64**: 1675–1691.
- Bedard, J. & Gauthier, G. 1986. Assessment of fecal output in geese. *J. Appl. Ecol.* **23**: 77–90.
- Bowen, W.D. 2000. Reconstruction of pinniped diets: Accounting for complete digestion of otoliths and cephalopod beaks. *Can. J. Fish. Aquat. Sci.* **57**: 898–905.
- Bradley, B.J., Stiller, M., Doran-Sheehy, D.M., Harris, T., Chapman, C.A., Vigilant, L. & Poinar, H. 2007. Plant DNA sequences from feces: Potential means for assessing diets of wild primates. *Am. J. Primatol.* **69**: 699–705.
- Cabral, J.P. & Jorge, R.M.N. 2007. Compressibility and shell failure in the European Atlantic *Patella* limpets. *Mar. Biol.* **150**: 585–597.
- Carter, R.M. 1968. On the biology and palaeontology of some predators of bivalved mollusca. *Palaeogeogr. Palaeoclimatol.* **4**: 29–65.
- Chame, M. 2003. Terrestrial mammal feces: A morphometric summary and description. *Mem. Inst. Oswaldo Cruz* **98**: 71–94.
- Chateigner, D., Hedegaard, C. & Wenk, H.R. 2000. Mollusc shell microstructures and crystallographic textures. *J. Struct. Geol.* **22**: 1723–1735.
- Dekinga, A. & Piersma, T. 1993. Reconstructing diet composition on the basis of faeces in a mollusc-eating wader, the Knot *Calidris canutus*. *Bird Study* **40**: 144–156.

- Dekinga, A., Dietz, M.W., Koolhaas, A. & Piersma, T.** 2001. Time course and reversibility of changes in the gizzards of Red Knots alternately eating hard and soft food. *J. Exp. Biol.* **204**: 2167–2173.
- Doyle, S., MacDonald, B. & Rochette, R.** 2010. Is water temperature responsible for geographic variation in shell mass of *Littorina obtusata* (L.) snails in the Gulf of Maine? *J. Exp. Mar. Biol. Ecol.* **394**: 98–104.
- Edgell, T.C. & Neufeld, C.J.** 2008. Experimental evidence for latent developmental plasticity: Intertidal whelks respond to a native but not an introduced predator. *Biol. Lett.* **4**: 385–387.
- Fabry, V.J., Seibel, B.A., Feely, R.A. & Orr, J.C.** 2008. Impacts of ocean acidification on marine fauna and ecosystem processes. *ICES J. Mar. Sci.* **65**: 414–432.
- Fedriani, J.M. & Kohn, M.H.** 2001. Genotyping faeces links individuals to their diet. *Ecol. Lett.* **4**: 477–483.
- van Gils, J.A., Piersma, T., Dekinga, A. & Dietz, M.W.** 2003. Cost-benefit analysis of mollusc-eating in a shorebird II. Optimizing gizzard size in the face of seasonal demands. *J. Exp. Biol.* **206**: 3369–3380.
- van Gils, J.A., Battley, P.F., Piersma, T. & Drent, R.** 2005a. Reinterpretation of gizzard sizes of Red Knots world-wide emphasises overriding importance of prey quality at migratory stopover sites. *Proc. R. Soc. B-Biol. Sci.* **272**: 2609–2618.
- van Gils, J.A., de Rooij, S.R., van Belle, J., van der Meer, J., Dekinga, A., Piersma, T. & Drent, R.** 2005b. Digestive bottleneck affects foraging decisions in Red Knots *Calidris canutus*. I. Prey choice. *J. Anim. Ecol.* **74**: 105–119.
- van Gils, J.A., Dekinga, A., Spaans, B., Vahl, W.K. & Piersma, T.** 2005c. Digestive bottleneck affects foraging decisions in Red Knots *Calidris canutus*. II. Patch choice and length of working day. *J. Anim. Ecol.* **74**: 120–130.
- van Gils, J.A., Piersma, T., Dekinga, A. & Battley, P.F.** 2006. Modelling phenotypic flexibility: An optimality analysis of gizzard size in Red Knots *Calidris canutus*. *Ardea* **94**: 409–420.
- van Gils, J.A., van der Geest, M., Jansen, E.J., Govers, L.L., de Fouw, J. & Piersma, T.** 2012. Trophic cascade induced by molluscivore predator alters pore-water biogeochemistry via competitive release of prey. *Ecology* **93**: 1143–1152.
- van Gils, J.A., van der Geest, M., Leyrer, J., Oudman, T., Lok, T., Onrust, J., de Fouw, J., van der Heide, T., van den Hout, P.J., Spaans, B., Dekinga, A., Brugge, M. & Piersma, T.** 2013. Toxin constraint explains diet choice, survival and population dynamics in a molluscivore shorebird. *Proc. R. Soc. B-Biol. Sci.*, 280: 20130861. <http://dx.doi.org/10.1098/rspb.2013.0861>.
- González, P.M., Piersma, T. & Verkuil, Y.** 1996. Food, feeding, and refuelling of Red Knots during northward migration at San Antonio Oeste, Rio Negro, Argentina. *J. Field Ornithol.* **67**: 575–591.
- Hammill, M.O., Lesage, V. & Carter, P.** 2005. What do Harp Seals eat? Comparing diet composition from different compartments of the digestive tract with diets estimated from stable-isotope ratios. *Can. J. Zool.* **83**: 1365–1372.
- Honkoop, P.J.C., Berghuis, E.M., Holthuijsen, S., Lavaleye, M.S.S. & Piersma, T.** 2008. Molluscan assemblages of seagrass-covered and bare intertidal flats on the Banc d'Arguin, Mauritania, in relation to characteristics of sediment and organic matter. *J. Sea Res.* **60**: 235–243.
- van den Hout, P.J.** 2010. Struggle for safety. Adaptive responses of wintering waders to their avian predators. PhD Thesis, University of Groningen.
- Jarman, S.N., Gales, N.J., Tierney, M., Gill, P.C. & Elliott, N.G.** 2002. A DNA-based method for identification of krill species and its application to analysing the diet of marine vertebrate predators. *Mol. Ecol.* **11**: 2679–2690.
- Jenni, L., Reutimann, P. & Jennieiermann, S.** 1990. Recognizability of different food types in faeces and in alimentary flushes of *Sylvia warblers*. *Ibis* **132**: 445–453.
- Kohn, M.H. & Wayne, R.K.** 1997. Facts from feces revisited. *Trends Ecol. Evol.* **12**: 223–227.
- Lee, Y.F. & Severinghaus, L.L.** 2004. Sexual and seasonal differences in the diet of Lanyu Scops Owls based on fecal analysis. *J. Wildl. Manage.* **68**: 299–306.
- Leyrer, J., Lok, T., Brugge, M., Dekinga, A., Spaans, B., van Gils, J.A., Sandercock, B.K. & Piersma, T.** 2012. Small-scale demographic structure suggests preemptive behavior in a flocking shorebird. *Behav. Ecol.* **23**: 1226–1233.
- McFadden, K.W., Sambrotto, R.N., Medellin, R.A. & Gompper, M.E.** 2006. Feeding habits of endangered Pygmy Raccoons (*Procyon pygmaeus*) based on stable isotope and fecal analyses. *J. Mammal.* **87**: 501–509.
- Nagarajan, R., Lea, S.E.G. & Goss-Custard, J.D.** 2006. Seasonal variations in Mussel, *Mytilus edulis* L. shell thickness and strength and their ecological implications. *J. Exp. Mar. Biol. Ecol.* **339**: 241–250.
- Oehm, J., Juen, A., Nagiller, K., Neuhauser, S. & Traugott, M.** 2011. Molecular scatology: How to improve prey DNA detection success in avian faeces? *Mol. Ecol. Resour.* **11**: 620–628.
- Piersma, T.** 1991. Red Knots in New Zealand eat molluscs too: Preliminary diet observations at Miranda, Firth of Thames and Farewell Spit in November 1990. *Stilt* **19**: 30–35.
- Piersma, T.** 2007. Using the power of comparison to explain habitat use and migration strategies of shorebirds worldwide. *J. Ornithol.* **148** (Suppl. 1): S45–S59.
- Piersma, T.** 2012. What is habitat quality? Dissecting a research portfolio on shorebirds. In Fuller, R.J. (ed.), *Birds and Habitat: Relationships in Changing Landscapes*: 383–407. Cambridge University Press, Cambridge.
- Piersma, T. & Davidson, N.C.** 1992. The migrations and annual cycles of five subspecies of Knots in perspective. *Wader Study Group Bull.* **64**: 187–197.
- Piersma, T. & van Gils, J.A.** 2011. *The Flexible Phenotype: A Body-centred Integration of Ecology, Physiology, and Behaviour*. Oxford University Press, Oxford.
- Piersma, T., Koolhaas, A. & Dekinga, A.** 1993. Interactions between stomach structure and diet choice in shorebirds. *Auk* **110**: 552–564.
- Piersma, T., Verkuil, Y. & Tulp, I.** 1994. Resources for long-distance migration of Knots *Calidris canutus islandica* and *C. c. canutus*: How broad is the temporal exploitation window of benthic prey in the Western and Eastern Wadden Sea? *Oikos* **71**: 393–407.
- Piersma, T., Dietz, M.W., Dekinga, A., Nebel, S., van Gils, J.A., Battley, P.F. & Spaans, B.** 1999. Reversible size-changes in stomachs of shorebirds: When, to what extent, and why? *Acta Ornithol.* **34**: 175–181.
- Piersma, T., Dekinga, A., van Gils, J.A., Achterkamp, B. & Visser, G.H.** 2003. Cost-benefit analysis of mollusc eating in a shorebird – I. Foraging and processing costs estimated by the doubly labelled water method. *J. Exp. Biol.* **206**: 3361–3368.
- Price, M.H.H., Darimont, C., Winchester, N.N. & Paquet, P.C.** 2005. Facts from faeces: Prey remains in Wolf, *Canis lupus*, faeces revise occurrence records for mammals of British Columbia's coastal archipelago. *Can. Field-Nat.* **119**: 192–196.
- Putman, R.J.** 1984. Facts from feces. *Mamm. Rev.* **14**: 79–97.
- R Development Core Team.** 2011. R: A language and environment for statistical computing. Available at <http://www.R-project.org/>

- Rodolfo-Metalpa, R., Houlbreque, F., Tambutte, E., Boisson, F., Baggini, C., Patti, F.P., Jeffree, R., Fine, M., Foggo, A., Gattuso, J.-P. & Hall-Spencer, J.M.** 2011. Coral and mollusc resistance to ocean acidification adversely affected by warming. *Nat. Climate Change* **1**: 308–312.
- Scheiffarth, G.** 2001. The diet of Bar-tailed Godwits *Limosa lapponica* in the Wadden Sea: Combining visual observations and faeces analyses. *Ardea* **89**: 481–494.
- Sheppard, S.K. & Harwood, J.D.** 2005. Advances in molecular ecology: tracking trophic links through predator-prey food-webs. *Funct. Ecol.* **19**: 751–762.
- Systat Software Inc.** 2010. SigmaPlot: Exact Graphs and Analysis Software. Version: 12.0 Available at <http://www.sigmaplot.com/products/sigmaplot/sigmaplot-details.php>
- Tulp, I. & de Goeij, P.** 1994. Evaluating wader habitats in Roebuck Bay (North-Western Australia) as a springboard for northbound migration in waders, with a focus on Great Knots. *Emu* **94**: 78–95.
- Yang, H.Y., Chen, B., Ma, Z.-., Hua, N., van Gils, J.A., Zhang, Z.W. & Piersma, T.** 2013. Economic design in a long-distance migrating molluscivore: How fast fuelling Red Knots in Bohai Bay, China, get away with small gizzards. *J. Exp. Biol.* in press: (late June 2013).

(MS received 25 February 2013; revised MS accepted 29 May 2013)